

Recall: Min-Max Theory (Almgren-Pitts, Simon-Smith, Guaraco)

Yau Conj (1982):  $\exists$   $\infty$ 'ly many min. hypersurf. in ALL  $(M^{n+1}, g)$

for "general" metrics

Thm A: (Marques-Neves) YES for  $Ric_g > 0$  or "Frankel Property" holds

Thm B: (Song) YES in general.

Thm C: (Liskunovich-Marques-Neves)  $\{W_p\}$  satisfy a Weyl Law.

For "generic" metrics,

Thm D: (Irie-Marques-Neves) Min. hypersurf. are "dense".

Thm E: (Marques-Neves-Song) Min. hypersurf. are "equi-distributed".

Q: Is there a "Morse theory" for the Area Functional?



Given  $M^{n+1}$  manifold  $\xRightarrow{\text{B. White}} \underline{\text{Bumpy Metric Thm}}$   
 $g$ : Riem metric on  $M \Rightarrow A_g$  is "Morse" for generic  $g$   
 $\Rightarrow A_g: \Sigma_n(M; \mathbb{Z}_2) \rightarrow \mathbb{R}$

Q: Control the index of the "crit pts" / min hypersurf?

Morse Index Conjecture (Marques-Neves)

For generic  $(M^{n+1}, g)$ ,  $\exists$  seq.  $\{\Sigma_k\}_{k \in \mathbb{N}}$  of min. hypersurfaces in  $M$

st. (1)  $\text{index}(\Sigma_k) = k$ . [Recall:  $\Sigma_n(M; \mathbb{Z}_2) \sim \mathbb{R}P^\infty$ ]

(2)  $C^{-1} k^{\frac{1}{n+1}} \leq \text{Area}(\Sigma_k) \leq C k^{\frac{1}{n+1}}$  for some  $C > 0$ .

The proof consists of 3 components:

(I) Existence: do multi-parameter min-max (Almgren, Marques-Neves)  
 $\leadsto$  stationary varifold  $V_k$  (obtained via varifold limit)

Main Difficulty: convergence is weak & multiplicity issue

(II) Morse Index characterization (Marques-Neves '16)

[Heuristic:  $k$ -parameter sweepout  $\Rightarrow$   $\text{index}(V_k) \stackrel{=?}{\leq} k$ ]

Assume "multiplicity one", then  $\text{index}(V_k) = k$

(III) Multiplicity One Conj: "multiplicity one" holds for generic  $(M^{n+1}, g)$ .

Solved by X. Zhou 2020, based on earlier work of

Zhou-Zhu '19 on min-max theory for prescribed mean curvature

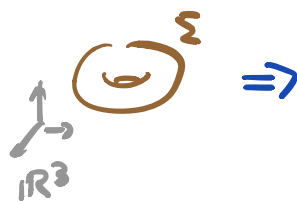
Q: Can we control the geometry/topology of  $\{\Sigma_k\}$ ?

(Partial results in  $\dim(M) = 3$ : Chodosh-Mantoulidis 2020)

Two applications of min-max theory

(Geometry): Willmore Conjecture (1965)

$\Sigma \subset \mathbb{R}^3$  closed embedded  
surface of genus  $\geq 1$



The "Willmore energy"

$$\frac{1}{4} \int_{\Sigma} H^2 da \geq 2\pi^2$$

Moreover, "=" holds iff

$\Sigma \cong$  "Clifford torus".

Marques-Neves '14: Willmore Conj. holds.

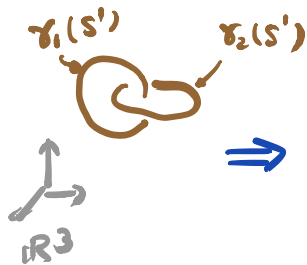
# (Topology) Freedman-He-Wang Conj. (1994)

$$\gamma_1, \gamma_2: S^1 \rightarrow \mathbb{R}^3$$

"non-trivial" link, i.e.

$$\gamma_1(S^1) \cap \gamma_2(S^1) = \emptyset$$

and "linking number" = 1



The Möbius energy

$$\iint_{S^1 \times S^1} \frac{|\gamma_1'(s)| |\gamma_2'(t)|}{|\gamma_1(s) - \gamma_2(t)|^2} ds dt \geq 2\pi^2$$

Moreover, "=" holds iff the link is a standard "Hopf link".

Marque-Neves ('14?) F-H.W. Conj holds.



Remark: Both "energy" are conformally invariant.

We will describe Willmore Conj. and its proof in more detail.

## Willmore Conjecture

$$\Sigma^2 \subseteq \mathbb{R}^3$$

cpt surface

$$\rightsquigarrow \mathcal{W}(\Sigma) := \frac{1}{4} \int_{\Sigma} H^2 da$$

"Willmore energy"

Remarks: •  $\mathcal{W}$  is conf. invariant, i.e.  $\varphi: \mathbb{R}^3 \rightarrow \mathbb{R}^3$  is a conformal diffeo.

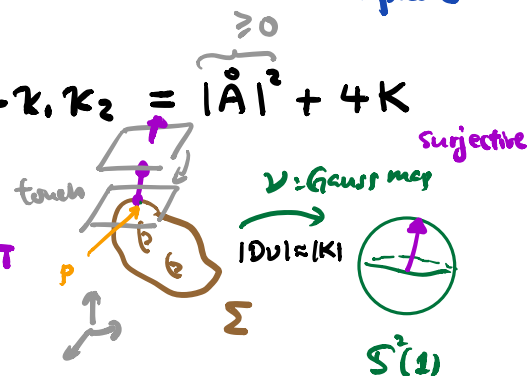
$$\Rightarrow \mathcal{W}(\varphi(\Sigma)) = \mathcal{W}(\Sigma)$$

$$\bullet \mathcal{W}(\text{round sphere}) = \mathcal{W}(S^2(1)) = \frac{1}{4} \int_{S^2(1)} 2^2 da = \text{Area}(S^2(1)) = 4\pi.$$

Thm (Willmore '65)  $\mathcal{W}(\Sigma) \geq 4\pi$  & "=" holds  $\Leftrightarrow \Sigma \cong$  round sphere.

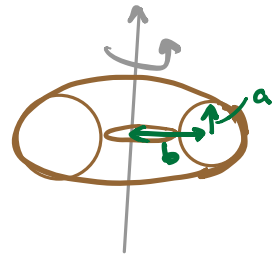
"Geometric Proof":  $H^2 = (\kappa_1 + \kappa_2)^2 = (\kappa_1 - \kappa_2)^2 + 4\kappa_1\kappa_2 = |\tilde{A}|^2 + 4K$

$$\mathcal{W}(\Sigma) = \frac{1}{4} \int_{\Sigma} H^2 \geq \frac{1}{4} \int_{\Sigma \cap \{K \geq 0\}} 4K \geq \text{Area}(S^2(1)) = 4\pi$$



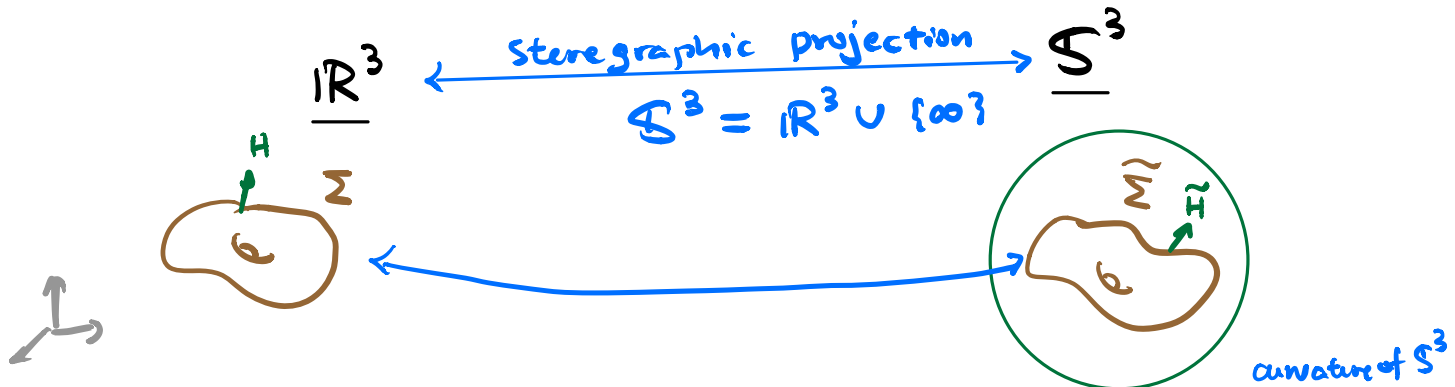
Q: What about the "next smallest" energy?

Conj:  $\mathcal{W}(\Sigma) \geq 2\pi^2$  if  $\text{genus}(\Sigma) \geq 1$



Note: Willmore checked rotationally symmetric tori

We can reformulate the question to surfaces in  $S^3$ .



$$\mathcal{W}(\Sigma) := \frac{1}{4} \int_{\Sigma} H^2 da \quad \Longleftrightarrow \quad \mathcal{W}(\tilde{\Sigma}) = \int_{\tilde{\Sigma}} \left(1 + \frac{1}{4} \tilde{H}^2\right) da$$

Key Observation: minimizes  $\mathcal{W}$  in  $\mathbb{R}^3$   $\Longleftrightarrow$  minimizes "area" in  $S^3$   
 Willmore surfaces in  $\mathbb{R}^3$   $\longleftrightarrow$  min. surface in  $S^3$

<u>Examples</u> :	$\mathbb{R}^3, \mathcal{W} = \frac{1}{4} \int H^2$	$S^3, \mathcal{W} = \int 1 + \frac{1}{4} \tilde{H}^2$
round spheres	$\mathcal{W} = 4\pi$	tot. geodesic $S^2$ , Area = $4\pi$
Willmore's torus	$\mathcal{W} = 2\pi^2$	"Clifford torus", Area = $2\pi^2$
		$S^1(\frac{1}{\sqrt{2}}) \times S^1(\frac{1}{\sqrt{2}}) \subseteq S^3 \subseteq \mathbb{R}^4$ $\mathbb{C} \times \mathbb{C}$

Partial Results:

- Li-Yau '82:  $\Sigma$  immersed  $\Rightarrow \mathcal{W}(\Sigma) \geq 8\pi$  ( $> 2\pi^2$ ).
- L. Simon '93: existence of  $\mathcal{W}$ -minimizing torus
- Ros '99: Conj. holds under the assumption of **antipodal symmetry**.

Finally, Marques-Neves '14 answered Willmore Conj. affirmatively.

"Sketch of Marques-Neves' Proof"

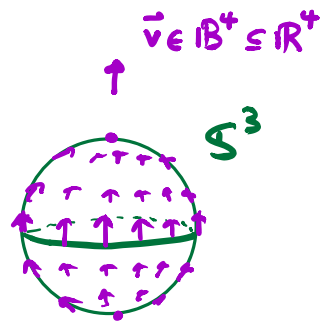
Recall some preliminary results:

(i)  $\text{Conf}(\mathbb{S}^3) := \{ \varphi : \mathbb{S}^3 \rightarrow \mathbb{S}^3 : \text{conf. diffeo.} \} \cong \mathbb{B}^4$

(ii) (Montiel-Ros)

For any min. surf.  $\Sigma \subseteq \mathbb{S}^3$ , then

$\text{Area}(\Sigma) \geq \text{Area}(\varphi(\Sigma)) \quad \forall \varphi \in \text{Conf}(\mathbb{S}^3)$



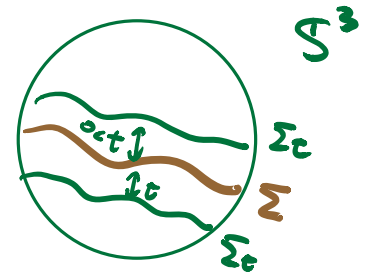
(Urbano) For any min surf.  $\Sigma \subseteq \mathbb{S}^3$ ,  $\Sigma \neq \mathbb{S}^2$ , then

$\text{index}(\Sigma) \geq 5$  & "=" holds  $\Leftrightarrow \Sigma = \text{Clifford torus}$

(iii) (Ros) For any surf.  $\Sigma \subseteq \mathbb{S}^3$ , let  $\Sigma_t := \{ x \in \mathbb{S}^3 \mid \text{dist}_{\mathbb{S}^3}(x, \Sigma) = t \}$  (signed)

then  $\text{Area}(\Sigma_t) \leq W(\Sigma)$

& if  $\Sigma \neq \mathbb{S}^2$ , then "=" holds  $\Leftrightarrow t=0$ ,  $\Sigma$  min.



We now go into the proof of Willmore Conj.

$2\pi^2$  Theorem: If  $\Phi : I^5 = [0, 1]^5 \xrightarrow{\text{cts}} \mathbb{Z}_2(\mathbb{S}^3; \mathbb{Z})$  st.

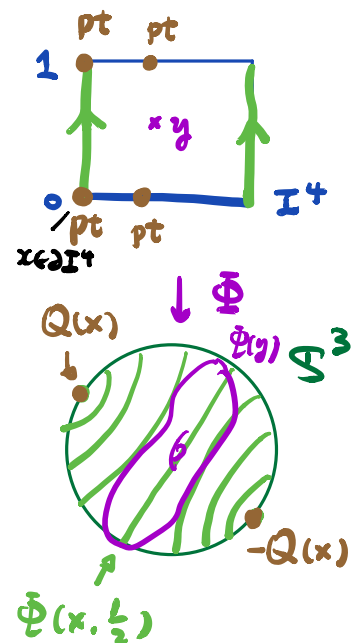
(1)  $\Phi(x, 0) = \Phi(x, 1) = \text{pt}$  for any  $x \in I^4$

(2) For any  $x \in \partial I^4$ .

$\{ \Phi(x, t) \}_{t \in [0, 1]}$  = "standard" sweepout of  $\mathbb{S}^3$  by round spheres centered at  $Q(x) \in \mathbb{S}^3$

(3)  $\Phi(x, \frac{1}{2}) = \partial B_{\pi/2}(Q(x))$

(4)  $Q : \partial I^4 \approx \mathbb{S}^3 \xrightarrow{\text{cts}} \mathbb{S}^3$  has  $\text{deg } Q \neq 0$ .



THEN,  $\exists y \in I^5$  st  $\text{Area}(\Phi(y)) \geq 2\pi^2$ .

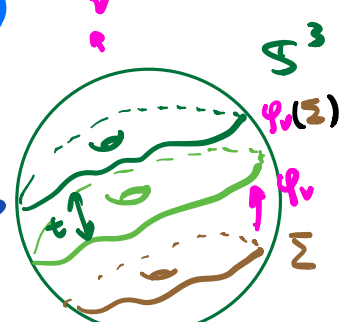
Assume this at the moment, we prove Willmore Conjecture.

Given any closed embedded surface  $\Sigma \subseteq S^3$ ,  $\text{genus}(\Sigma) \geq 1$ .

We can construct a 5-parameter "canonical family"

$$\Phi : \underbrace{B^4 \times (-\pi, \pi)}_{\approx I^5} \longrightarrow \mathbb{Z}_2(S^3; \mathbb{Z})$$

" Conf( $S^3$ ) "
" dist $_{S^3}$  "

$$\Phi(v, t) := \{x \in S^3 \mid \text{dist}_{S^3}(x, \varphi_v(\Sigma)) = t\}$$


The diagram shows a sphere labeled  $S^3$ . A surface  $\Sigma$  is drawn on it. A family of surfaces  $\varphi_v(\Sigma)$  is shown as wavy lines parallel to  $\Sigma$ . A distance  $t$  is indicated between  $\Sigma$  and one of the  $\varphi_v(\Sigma)$  surfaces.

One can show that  $\Phi$  satisfies (1) - (3) by a cts extension to  $\partial I^5$ . Also, one can prove \*  $\deg Q = \text{genus}(\Sigma) \geq 1$  \*

so (4) is also satisfied.

$$2\pi^2 \text{ Thm} \Rightarrow \exists y^{(v, t)} \in I^5 \text{ st } \text{Area}(\Phi(y)) \geq 2\pi^2.$$

Recall by Prelim. result (iii) + conf. invariance of  $\mathcal{W}$ .

$$\mathcal{W}(\Sigma) = \mathcal{W}(\varphi_v(\Sigma)) \geq \text{Area}(\Phi(y)) \geq 2\pi^2.$$

Idea of Proof for "2π² Thm":

Given  $\Phi$  as in the theorem, consider 5-parameter min-max:

$$L([\Phi]) = \inf_{\Phi' \sim \Phi} \left( \sup_{x \in I^5} \text{Area}(\Phi'(x)) \right)$$

Min-Max Theory  $\Rightarrow L([\Phi])$  is achieved by the area of some min. surf. (up to multiplicity).

$$\text{ie } L([\Phi]) = m_1 \text{Area}(\Sigma_1) + m_2 \text{Area}(\Sigma_2) + \dots + m_g \text{Area}(\Sigma_g)$$

Note:  $\text{Area}(\Sigma_i) \geq 4\pi \Rightarrow g=1 \text{ \& } m_1=1 \text{ } (\because 8\pi > 2\pi^2)$

so,  $L([\Phi]) = \text{Area}(\Sigma)$

Marques-Naves' Morse index upper bound.

$k$ -parameter sweepouts  $\xRightarrow{\text{min-max}}$  min. surf of index  $\leq k$

Now,  $\Phi$  is 5-parameter family  $\Rightarrow \text{index}(\Sigma) \leq 5$

Urbano's result  $\Rightarrow \text{index}(\Sigma) = 5$  and  $\Sigma \cong$  Clifford torus  
 $\uparrow$   
 $\text{Area} = 2\pi^2$

\_\_\_\_\_  $\square$